

When choosing sizes think carefully if you wear base layers, especially if made from thick materials.
You may wish to order the next size up.

MENS' SIZE CHART

Size:	2XS	XS	S	M	L	XL	2XL	3XL	4XL
Height (cm)	172-176	175-179	178-182	181-185	184-188	187-191	190-194	193-197	196-200
Height (Feet)	5'7"-5'9"	5'8"-5'11"	5'10"-6'0"	5'11"-6'1"	6'0"-6'2"	6'1"-6'3"	6'2"-6'4"	6'3"-6'5"	6'4"-6'6"
Chest (cm)	86-92	92-97	97-102	102-107	107-112	112-117	117-122	122-127	127-132
Chest (in)	34"-36"	36"-38"	38"-40"	40"-42"	42"-44"	44"-46"	46"-48"	48"-50"	50"-52"
Waist (cm)	68-76	74-81	78-84	81-86	84-89	86-91	89-94	92-99	94-105
Waist (in)	27"-30"	29"-32"	31"-33"	32"-34"	33"-35"	34"-36"	35"-37"	36"-39"	37"-41"

WOMENS' SIZE CHART

Size:	2XS	XS	S	M	L	XL	2XL	3XL	4XL
Height (cm)	158-161	160-163	164-170	166-172	168-174	169-175	170-176	171-177	172-179
Height (Feet)	5'1"-5'2"	5'2"-5'3"	5'3"-5'6"	5'4"-5'6"	5'5"-5'7"	5'5"-5'7"	5'5"-5'8"	5'6"-5'8"	5'6"-5'9"
Chest (cm)	81-86	86-90	90-94	94-100	100-104	104-108	108-112	112-116	116-120
Chest (in)	32"-34"	34"-35"	35"-37"	37"-39"	39"-41"	41"-43"	43"-44"	44"-46"	46"-47"
Waist (cm)	60-64	64-68	68-72	72-76	76-80	80-84	84-88	88-92	92-96
Waist (in)	24"-25"	25"-27"	27"-28"	28"-30"	30"-31"	31"-33"	33"-35"	35"-36"	36"-38"